

# Precautionary Measures for COVID-19 Infection

## COVID-19 Infection Hotline (Kanagawa)

### Kanagawa Novel Coronavirus Call Center



0570-056774

When above number is not accessible (using IP phone, etc.):

045-285-0536

1 Available 24/7

9 2 3 4

Weekdays (9:00~17:00)

Voice Assistance For:

1

Consultation for infection, health, medical service, COCOA, or matters related to close contacts

9

Financial Aid

2

■ Kanagawa Alert System  
■ Prior Consultation for Large-scale Events

3

Business Consultation

4

LINE COVID-19 Notification System, etc.

Cited from Kanagawa Prefectural website ([https://www.pref.kanagawa.jp/docs/ga4/bukanshi/bukan\\_200114.html#callcenter](https://www.pref.kanagawa.jp/docs/ga4/bukanshi/bukan_200114.html#callcenter))

■ Fax consultation is also available (FAX) 045-633-3770 ■

Official Website of the Ministry of Health, Labour and Welfare (English·Chinese)

“About Coronavirus Disease 2019 (COVID-19)” Scan QR code:



Ministry of Health, Labour and Welfare Helpline Service: 0120-565653

(Weekdays and Holidays 9:00~21:00)



Avoid Outings



Avoid Crowded Places



Avoid Close-contact Settings



Avoid Confined Spaces



Maintain Good Ventilation



Coughing Manners



Wash Your Hands

### What is our New Lifestyle?

- Wash and Sanitize Your Hands Frequently
- Avoid the “Three Cs”
- Maintain Good Ventilation
- Follow Coughing Manners
- Stay 2 Meters Apart (*at least* 1 m) From Each Other
- Check Your Body Temperature and Health Condition Every Morning

#### New Lifestyle



Official Website of the Ministry of Health, Labour and Welfare

Yamato City  
COVID-19  
General Helpline  
046-261-8009  
(8:30~17:15)

Cited from the website of Ministry of Health, Labour and Welfare

Yamato City continues to gather information and take prompt actions to deal with COVID-19.

# Medical Consultation Booking Center (Kanagawa)

## Medical Consultation Booking Center



For patients with at least one of the following symptoms: Fever, cough, sore throat  
0570-048914 (9:00~21:00)  
When above number is not accessible (using IP phone, etc.):  
045-285-1015

LINE has launched the official account "COVID-19 Personal Support" on 11/9 (Mon)



Cited from Kanagawa Prefectural website  
([https://www.pref.kanagawa.jp/docs/ga4/bukanshi/bukan\\_200114.html#callcenter](https://www.pref.kanagawa.jp/docs/ga4/bukanshi/bukan_200114.html#callcenter))

If you have symptoms, e.g. fever, and cannot visit your local primary care clinic, this account will help you make an appointment at a medical institution.

○This service is for the following:

Anyone experiencing symptoms such as a fever, cough, or sore throat

Consultation for anyone suspected for COVID-19 infection: The prefectural Center for Returnees and People with Contact History has closed. Currently, the COVID-19 Infection Hotline is available 24/7, and provides consultation services at night and during holidays.

• When you wear a mask, please avoid vigorous activity or exercise, and keep adequate distance from other people. It is recommended to occasionally remove your mask and take a break.



## Please cooperate in measures against infectious diseases.

The basic measures against infectious disease, as well as the novel coronavirus, are **washing hands** and **"coughing manners"** including wearing a mask.

### 1. Washing hands

#### Correct way to wash hands.



#### Before washing hands

- Keep your fingernails short.
- Remove wristwatches and rings.

After cleaning with soap thoroughly rinse with water and wipe dry with a clean towel or paper towel.

### 2. "Coughing manners"

#### Three "coughing manners"



#### Correct way to wear a mask.

